

SANTA BARBARA BMW RIDERS NEWSLETTER

HTTP://WWW.SBBMWRIDERS.ORG BMW MOA CLUB #165

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Member News and Rides

Marten is on the Alcan 500 Ride. You can follow him on ADV Rider, <u>Marten's Alcan 500 Ride</u> and there are some pictures of his ride on Page 4 of this newsletter.

Dave P. has a new G 310 GS that he is really enjoying riding around town. (His model is one built after the sidestand recall.)

Deb W. rode on the Backroads Discovery Route (BDR), starting at Steamboat Springs, CO, and traveling south to Gypsum, Buena Vista, and ending in Lake City. There were 8 women riders and 3 instructors in her group. The route was mostly dirt, but not a lot of singletrack. Deb took a 2-day class in dirt bike training before she rode the route and found it very useful! She rode an XT250 on the route.

Chuck is leaving on September 5 for a loop ride around the US with a friend. They will be heading north, into Canada, and then work their way east to Nova Scotia, then south back into the US and as far south as the Carolinas. He expects to be gone for about 6 weeks for a 10-12,000-mile trip.

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Chuck is hoping that they can get a factory tour of the BMW plant while in Spartanburg, SC.

Steve and **Fran** described their tour in the French Alps. They rode a 2018 R 1200GS and thought it was a great bike. They started and ended in Zurich, and the tour lasted 13 days. When asked what the highlight of the trip was, Steve said that every day was a highlight. They noticed that the majority of bikes on the roads were GS's; they saw only a handful of Airheads. The tour was through Beach's Motorcycle Adventures. Beach's Motorcycle Adventures

Technical Topic for August: "In the Zone"

Steve asked at the August meeting, "How do you get into '*The Zone*'?" That is, the mental state that allows you to perform to the best of your ability on the motorcycle.

Here are some of the comments and observations that were made:

- Looking for details on the road, such as hazards, to help with focus.
- Clearing your mind and concentrating on the moment.
- Taking in the surrounding smells and temperature.
- Making sure that the bike is ready: checking tire pressure and any other preride checks.
- Focusing on your speed.
- Sometimes, a ride doesn't feel right; for example, blowing a corner. In this situation, it may be better to just turn around and head for home.

Dave mentioned that some people with ADD/ADHD find that the concentration required for motorcycle riding removes or minimizes other mental "noise."

Here is a link to an interesting article about "flow" and getting into the zone. It may not be totally relevant to motorcycle riding, but it's a starting point to consider:

Flow-Into the Zone

SB BMW Riders Calendar

- Monday, September 17: Club meeting at Cody's Café, 4898 Hollister Avenue, Goleta, CA. Come at around 6:00 to 6:30 p.m. for dinner and stay for the 7:30 p.m. meeting.
- Monday, October 15: Club meeting at Cody's Café, 4898 Hollister Avenue, Goleta, CA. Come at around 6:00 to 6:30 p.m. for dinner and stay for the 7:30 p.m. meeting.
- Saturday, October 20: Tech Day in Carpinteria. Watch for more information or contact Marten: marten@cox.net
- If members want to do any pick-up rides, post them on the member email list: https://www.sbbmwriders.org/
- ❖ Any other activities or rides scheduled? Let me know! djkrohn@cox.net

CA AB 2972: Motorcycle Profiling Prohibition Bill

This bill was introduced to the California Assembly (for the third time) on April 19, 2018, but it was voted down, 21 ayes to 28 noes. The bill proposed to prohibit law enforcement officers to engage in "motorcycle profiling."

Profiling is defined as deciding to stop and question, arrest or search a person based on the fact that the person rides a motorcycle or wears motorcycle related clothing without having any individualized suspicion of the particular person.

Horizons Unlimited California

Horizons Unlimited (HU) will have one of their travelers meetings in California at Mariposa on September 27-30. HU is completely about motorcycle travel. These meetings feature vendors. talks. sessions demonstrations. 0&A and competitions. There are travelers with stories of overlanding adventures from world. Talks around the and demonstrations include such topics as how to prepare for the journey, navigation, first-aid, photography, filming and a host of other essential topics. Tour operators and manufacturers equipment specialists will also be there. Camping and meals are available at the site. Club member **Deb W**. is planning to attend this event, Horizons Unlimited California

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627 N. Salsipuedes, near Ortega Park 805-966-6508 Now closed on Sunday and Monday Open Tuesday- Friday, 8 a.m to 6p.m. Saturday 8 a.m. to 4 p.m.

Upcoming Events

- September 7-10: High Sierra Gathering of the Tribes, Kings Canyon National Park. Contact John Covington at <u>jwcov@yahoo.com</u>
- September 14-16: 33rd Annual Autumn Beemer Bash, Quincy, CA. <u>33rd Annual</u> <u>Beemer Bash</u>
- September 13-16: WestFest 2018, Ouray, CO. WestFest 2018
- September 15: 10th Annual Central Coast Classic Motorcycle Show, Paso Robles, CA. Central Coast Classic
- September 27-30: Horizons Unlimited Travellers Meeting California 2018, Mariposa, CA. <u>Horizons Unlimited</u> <u>California</u>
- November 16-18: Long Beach Motorcycle Show, Long Beach Convention Center, Long Beach, CA. <u>Long Beach Motorcycle</u> <u>Show</u>
- Every Sunday at La Cumbre Plaza from 8-10 a.m., there is a Santa Barbara Cars and Coffee gathering. There are interesting, unusual and exotic cars that are brought for the event. The website also lists other car events, charity events, cars and parts for sale, and photographs.

Cars and Coffee

Marten's Alcan 500 Ride



Marten changing tires. Photo by Toaster.Tan at ADV rider.com



Ready to go at the start of the ride. Photo by Marten.

