

SANTA BARBARA BMW RIDERS NEWSLETTER

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BMW MOA CLUB #165

SPEAKING TRUTH TO POWER...136 HP. THAT IS!

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Member News and Rides

The November meeting at the Creekside Restaurant had a turnout of about 19 attendees.

Cody told about trying out a Zero electric motorcycle. It was very heavy, "felt like a tank," but it had lots of torque and it was weird having no noise.

Chris had a good trip in Germany, visiting Dagi and her family. She got a ride in a Messerschmidt, owned by Dagi's father. Picture on Page 2.

Cody rode on the Backroad Discovery Route (BDR) in Arizona and Utah. Some of his pictures from the ride are on Pages 5-7.



Christmas Holiday Party

The Club Christmas holiday party will be **Saturday, December 10**, starting at 4 p.m. It will be at Wayne and Diane's house, 180 Nogal Drive, Santa Barbara. This will be a pot luck and the Club will purchase a spiral-cut ham. Bring a side dish or dessert to share, and beverages of your choice. Plates, napkins, cutlery, water and sodas will be provided. Microwaves will be available for use.

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We will also have our **gift exchange.** Bring a wrapped gift (\$20-\$30 value range) of an item that might be useful for motorcycling, or fun, edible or drinkable.

We will be mostly outside, so dress warmly! Limited parking will be available in the driveway and along the road. Watch for email with more details!



November Technical Topic: Riding Challenges

Steve wanted to know: What sort of riding challenges do we have for riding NOW? He used to be able to ride all day, but now rides shorter days, due to mental fatigue.

Bob's approach is "75 miles at a time." He carries coffee with him, or a small can of Starbuck's or espresso beans, for the caffeine pick-up. And he just enjoys the ride, without trying to make a specific amount of mileage or hours.

Veronica mentioned the possibility of getting a smaller bike, one that is more maneuverable. She also said that they are not riding as frequently, and that presents a challenge to keeping up your riding skills. Bob suggested riding at least once a week to keep up on skills.

Oscar said that his challenge is learning to throttle back when riding with better and faster riders; though Steve pointed out that by following good riders, one can learn how to ride better.

Cy's challenges were inertia, and concerns about his bike, with its high mileage.

Marten said that the challenges for him now is the lack of service centers for his friends with KTM's and Africa Twins.

Diane mentioned the difficulty of getting on and off the pillion seat as one gets older, especially with luggage or a topcase on the bike. One approach to this, as noted by some,

SB BMW Riders Calendar

- Saturday, December 10: Annual Christmas holiday party. See details on Page xxx
- Monday, January 16: Monthly meeting at Creekside Restaurant & Bar, 4444 Hollister Ave., Santa Barbara. Meeting starts at 6 p.m. Get there at 5:30 if you want to order dinner.
- Any other activities or rides scheduled, let me know! <u>djkrohn1@gmail.com</u> Note my new email address.

is to put the bike on its sidestand, then have the passenger get on the seat than scoot back to the pillion seat. But neither Diane nor Fran have tried this, and it seems sketchy! But it clearly works for some.



Chris and Dagi's brother in the Messerschmidt.

Photo by Dagi.

Organ Donations and Motorcycle Rallies

(Excerpted from Harvard.edu, November 28, 2022)

The number of organ donations and organ transplants goes up markedly during large motorcycle rallies, according to a newly published analysis led by researchers at Harvard Medical School and Massachusetts General Hospital.

The research, which appears Nov. 28 in *JAMA Internal Medicine*, shows that in the regions where the seven largest motorcycle rallies were held throughout the United States between 2005 and 2021, there were 21 percent more organ donors per day, on average, and 26 percent more transplant recipients per day, on average, during these events, compared with days just before and after the rallies.

Large-scale motorcycle rallies attract hundreds of thousands of attendees, and previous studies have shown that these events are accompanied by increases in traumatic injuries and deaths from motorvehicle crashes.

For the new study, the researchers wanted to know whether these events corresponded to increases in organ donation and transplantation in the regions where they were held.

The researchers posed several questions, including whether organ donations rose along with trauma-related fatalities. They

Upcoming Events

- March 18-19: BMW NorCal Annual Death Valley campout, Furnace Creek, Death Valley, CA. <u>BMW NorCal Annual Death Valley</u> <u>Camping</u>
- March 22-26, 2023: ADV Rider Death Valley Noobs Rally, Panamint Springs. This is the 16th year anniversary! <u>Death Valley Noobs</u> <u>Rally 2023</u>

did. Also, was there a difference in the quality of organs donated due to clinical or demographic differences in donors during rallies. There wasn't...

... available data were not detailed enough to say whether the donors perished in motorcycle crashes or in passenger vehicles.

The question would be: Would you want a liver from a Sturgis Rally attendee?

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November 30 Ride South By Bob Phinney

Leaving promptly at 9 a.m., 5 friends headed out for lunch, riding through Ojai and Santa Paula and planning to finish in the Santa Monica Mountains area, taking back roads where possible. The initial five were: John Alexander, Steve Miller, Bob Phinney, Phil Wilson and Oscar Zavala with Bob leading. Cy Madrone joined us on the south bound La Cumbre onramp. At the stop in Ojai, Lee Husband joined as did Kevin King. Once Harvey Rawn joined at the Santa Paula stop, we nine voted on Brent's Deli in Westlake Village as our lunch spot.

On our way to Potrero Road and Hidden Valley, near CSUCI, John noticed electrical issues in his Ducati and headed home quickly. John managed to get within one mile of his home before his tired battery gave up. Karen brought the new battery he had not yet installed. Life is good.

At Brent's we eight enjoyed a good, comfort-food lunch with excellent service from Kimmy. After the good lunch visit, Harvey and Cy headed home. In the parking lot, the remaining six voted Lee as the leader to take us through the labyrinth of roads in the western Santa Monica Mountains. He was wonderful. What fun those resurfaced roads are! By mid-afternoon, done with the myriad of twisties, we headed home, and Lee capped the day by inviting us to his home for a liquid chat. Very cool.

Right: The group at lunch. Clockwise: Kevin, Harvey, Oscar, Cy, Bob, Phil, Lee and Steve. Photo courtesy of Kevin.





Left: "Had to split off after noticing some voltage changes. Not installing the new battery sitting on my workbench was not a good idea. Fortunately, I made it almost home. Karen brought the battery to me so I could install it roadside!" – John A.

Photos from Cody's BDR Ride



Cody traveled on the Arizona/Utah Backroads Discovery Route (BDR). Here are some of his photos from the trip.















